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PACKING TIPS:

- Like they say...put all your clothes out that you think you will need and then only **take half**. Usually it is less than half that you really need.
- Choose one basic color theme for your basic color needed for shoes and purse. Black, brown or blue are good colors that won't get as dirty as a light color. If you choose black bring clothes that match black shoes and purse. That way you only need one or two pair of shoes and one purse.
- You can wash out light weight tops and also your undergarments when you shower at night. Wring very well and spread out to dry.
- Layer clothing. Bring light weight pullovers, shirts or blouses. Pair them with a sweater that matches everything when cool... nights can be cool.
- Thin vests or a scarf can change an outfit easily and take little space.
- Choose tops or shirts that will coordinate with more than one skirt or pair of pants. Mix and match.
- Choose clothing that does not require ironing. Just hang items you are going to wear in the bathroom the night before so that steam will loosen the wrinkles when you shower.
- Bring a pair of stable, comfortable walking shoes. The areas that you will be walking on can be uneven and rough. Buy now to break in before leaving. You can bring another lightweight pair to change into for dinner for a change.
- See sample packing list provided for more information.



TIPPING

Tips for guide, driver, waiters at hotel dining room, luggage transfer to room **are all included** overall.

- **Optional Tip:** Sea of Galilee - Boat Operators appreciate a small tip ...they do a great job with the tour...suggested \$1.00-2.00. *Your decision* (US Funds)
- **Lunch Tip:** If you are served food to your table you are welcome to leave a small tip. It is not mandatory. If it is self serve no tip is expected.

SOUVENIRS

For souvenirs a lot of places take credit cards. One afternoon we give you time to shop in the old city and you can use cash or card (be careful using card...they may take to another shop to use their machine and it might not be safe)...this is a fun place to shop and bargain. Also there is great shopping on Ben Yehuda St, where everyone takes credit cards.

Don't forget to factor into your total budget for the trip any food or snacks in airports you might want while you are travelling.

SPECIAL MEDICAL NEEDS:

To ensure the health and welfare of certain air travelers there are no limits on the amounts of the following liquids, gels and aerosols you may carry through a security checkpoint:

- All prescription and over-the-counter medications (liquids, gels, and aerosols) including eye drops and saline solution for medical purposes;
- Liquids including water, juice, or liquid nutrition or gels for passengers with a disability or medical condition;
- Life-support and life-sustaining liquids such as bone marrow, blood products, and transplant organs;
- Items used to augment the body for medical or cosmetic reasons such as mastectomy products, prosthetic breasts, bras or shells containing gels, saline solution, or other liquids; and,
- Gels or frozen liquids needed to cool disability or medically related items used by persons with disabilities or medical conditions.

You are not limited in the amount or volume of these above items you may bring in your carry-on baggage. However, if these items are in containers larger than three ounces, please perform the following:

- Separate these items from the liquids, gels, and aerosols in your quart-size and zip-top bag.
- Declare you have the items to one of our Security Officers at the security checkpoint.

- **Soap**
 - We use hotel soap bar for washing clothes. If you prefer you can find powder clothes detergent for travel. Better than carrying heavy liquids and safer not to spill.
- **Clothesline**
 - Travel ones are handy but not necessary if no room... we hung on hangers and over shower rod and everywhere else we could find!
- **Sewing kit**
 - Take along a few safety pins and buttons.
- **Earplugs**
 - Good set of expandable foam plugs.
- **First-aid Kit**
 - Band-Aids and Polysporin (Anti bacterial cream)
- **Extras**
 - ... eyeglasses, contact lenses, and prescriptions. If bringing contacts, bring your glasses just in case.
- **Medicine and Vitamins**
 - Keep prescribed medicine in original containers, if possible, with legible prescriptions.

Important Papers & Money

- **Money Belt**
 - or some type of travel money and document carrier that can be worn under your clothes. It's essential for the peace of mind it brings. You could lose everything except your money belt, and the trip could still go on. Lightweight and low-profile beige is best. We use the ones that attach to your belt and flip over inside your pant or skirt front.
- **Money**
 - Bring your preferred mix of a credit card, debit card, an emergency stash of hard cash. We rely on a debit card for ATM withdrawals, a couple of credit cards, and small amount of cash as a backup.
- **Documents and Photocopies**
 - Bring copy of your passport and airline ticket. Photocopies can help you get replacements more quickly if the originals are lost or stolen. Carry photocopies separately in your luggage and keep the originals in your money belt or have electronic copies e-mailed to yourself.

Day Trip Bring-Alongs:

- **Small daypack or smaller purse that will go over your shoulder**
 - This is great for carrying anything you want to go outside the bus with such a camera while you leave your large personal bag in the bus. Whatever you leave on the bus is safe. We have never had an issue with valuables left on the bus.
- **Water Bottle**
 - Bring an empty water bottle to refill in airport and for bus.
- **Camera**
 - We used our iPhone camera and were satisfied.
- **Alarm**
 - Hotel wake-up calls are unreliable-DO NOT rely on them. iPhone works well for this as well.
- **Sunglasses**
- **Sealable Plastic Baggies-Ziplocks**
 - Get a variety of sizes. In addition to holding your carry-on liquids, they're ideal for packing leftover picnic food, containing wetness, and bagging potential leaks before they happen. Bring extras for the flight home, as they can be hard to find overseas.
- **Journal / Small Notepad & Pen**
 - This is a nice for jotting notes on travel. An empty book or electronic journal to be filled with the experiences of your trip. It is so nice to go back and review in years to come and to share with others. Wish we had done that last year. A friend of mine did it on first trip and typed up later for us.

Optional Bring-Alongs:

- Snacks. Don't bring too many snacks. You will be provided meals on the flights and breakfast and supper are included on the tour. Nuts and dried fruit are the best.
- Packing cubes or Large Ziplock bags. These see-through, zip-up mesh containers keep your clothes tightly packed and well-organized.
- Bring Spot Remover wipes or sticks. They don't count as a liquid.
- Waterproof flip-flops or Croc style clogs. Nice for showers and house slippers.
- Neck pillow and eye mask.
- Tiny lock. Use it to lock your luggage zippers shut.
- Small flashlight. In case of power outage in hotel. Or use flashlight on smart phone.
- Audible Books or Music. Partners can bring a Y-jack for two sets of earphones. Some travelers use digital recorders to capture sounds, tours, or to record their own journal entries.
- Adapters. Make sure you have an adapter or a converter on your electrical items. You **must switch to 220 V** or you will fry your items. Best to limit electrical items. You will need charger for camera etc. Most of these already have a converter built in but make sure. Also they will need the adapter to plug in. **Type C is used in Israel**. A universal adapter is the best to travel with. It is good in every country.
- A good paperback or magazines for plane or download on your electronic device to read or listen to.
- Collapsible umbrella. I like one that's small and compact, but still sturdy and well-constructed enough to withstand strong winds.