

## ISRAEL Packing List

### Documents and Money Matters

- Flight Itinerary (e-copy or print out)
- Passport (check expiry date must be 6 months past departure date from Israel or your last stop on trip)
- Travel Insurance information or card
- US cash - \$200-\$300
- Credit Card/Debit Card
- Copy of Cards and Passport (e-copy or printed – 1 copy to be left at home)
- Audible book downloads
- GETT app downloaded and set up for taxis
- WhatsApp downloaded (call or video chat with this app if you have data only sim.
- Currency Exchange app downloaded
- Auto backup of pics set up in cloud

### Misc.

- Neck Pillow for plane
- Earplugs/Eye Mask for plane
- Small sewing kit
- Eyeglass repair kit if you wear glasses
- Tweezers, nail clippers
- Glasses if you are bringing contacts
- Sunglasses
- Purse size Kleenex and/or disposable bathroom wipes (for bathrooms without paper)
- Day pack (leave on bus with items needed during day)
- Small purse for tour ventures off the bus
- Water bottle (you can fill at hotel for the day)
- Money belt
- Lightweight travel umbrella for rain and sun
- Small TSA approved lock for suitcase – we lock our electronic devices, such as computers, in them during the day.
- Pen for any forms you have to fill out for customs
- Different sizes of Zip lock bags (various sizes handy for many things incl. snacks to take on bus for day)

### Electronics & related

- Wired Earphones with audio jack plug for tour sound system
- Charging cords
- Phone/Camera/Flashlight/Alarm (all in one!)  
Type C Plug adapter or Universal plug adapter - recommend one with 2-4 usb ports
- Watch
- Earbuds
- Portable Battery Pack

### Snacks

- Nuts/Trail Mix/Gum (bring small ziplocks to put small amounts in for the day)

### Clothing and laundry

- Shirts/Tops
- Skirt, pants (or dresses)
- Walking Shoes + extra lightweight pair
- Socks
- Belt
- Hat for sun is recommended (or use umbrella)
- Sweater, jacket
- Scarves – 2 or 4 to change outfits up
- Underwear/Gown
- Tide Spot Remover Stick
- Disposable Washcloths if you must have
- Plastic bag for dirty clothes
- Travel Clothes line optional
- Travel-size packets of powdered laundry soap (we use hotel soap)

### First aid, medication & hygiene

- Medication & prescriptions & vitamins
- Aspirin, ibuprofen, or acetaminophen
- Antacid (Rolaids)
- Non-Drowsy Antihistamine
- Anti-Diarrheal Pills
- DayQuil and NightQuil Tablets
- Dramamine (Nausea pills) if you get airsick or carsick
- Rolaids or Tums
- Melatonin** (we prefer the sublingual type)
- Band-Aids
- Razor or Electric Shaver and charger cord
- Toothbrush
- Small mirror
- Hair Accessories (elastics, barrettes)
- Brush/comb
- Deodorant – stick

### Toiletries/Liquid Bag

- Hair Spray – Travel Size
- Hair Mousse – Travel Size
- Shampoo, conditioner (also supplied by hotels)
- Sunscreen – Travel Size
- Toothpaste
- Shaving gel
- Antibiotic cream – small tube
- Hand sanitizer